



**Patient Medical History**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of next Dr's appointment \_\_\_/\_\_\_/\_\_\_

Referring Provider: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Your main concern: \_\_\_\_\_

Are you presently working? \_\_\_Yes \_\_\_No What is/was your Occupation? \_\_\_\_\_

Employer: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you currently apply for or filing an appeal for disability? \_\_\_Yes \_\_\_No

Was your injury a result of an automobile accident? \_\_\_Yes \_\_\_No

Is the injury work related? \_\_\_Yes \_\_\_No Date of injury: \_\_\_/\_\_\_/\_\_\_

Is there an attorney involved? \_\_\_Yes \_\_\_No

Are you applying for disability? \_\_\_Yes \_\_\_No

Are you currently having Home Health? \_\_\_Yes \_\_\_No

Who is your Primary Care Provider: \_\_\_\_\_ When did you last see him/her? \_\_\_\_\_

**Please check any of the following whose care you are under:** \_\_\_ Physical Therapist  
\_\_\_ Chiropractor \_\_\_ Psychiatrist/Psychologist \_\_\_ Medical Doctor/Osteopath \_\_\_ Other: \_\_\_\_\_

Have you, for any reason had out patient physical therapy this calendar year? \_\_\_Yes\_\_\_No

If Yes- approximately how many visits? \_\_\_\_\_

**Have you had any of the following tests for THIS condition: (if yes, please list date):**

X-Rays \_\_\_\_\_ MRI \_\_\_\_\_ CAT scan \_\_\_\_\_ Bone Scan \_\_\_\_\_ Nerve/Muscle Test \_\_\_\_\_ Other \_\_\_\_\_

**Please list any surgeries (in/out patient) and any conditions for which you have been hospitalized and the dates:**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Are you currently being treated by a physician for any heart related disorder? \_\_\_Yes \_\_\_No

If so, what was the diagnosis? \_\_\_\_\_

Women: Are you currently pregnant or think you might be pregnant? \_\_\_Yes \_\_\_No

How many days per week do you drink alcohol? \_\_\_\_\_

If one drink equals one beer or glass of wine, how much do you drink at an average sitting? \_\_\_\_\_

Do you smoke? \_\_\_Yes \_\_\_No If Yes, how much per day? \_\_\_\_\_

Have you had a fall in the last year? \_\_\_Yes \_\_\_No If Yes, how many \_\_\_\_\_ Were you injured ?

If yes, please describe: \_\_\_\_\_

Therapists: if screen indicates potential fall risk, please include in your exam components looking at balance, strength, and gait training/instructions, etc.

**Which of the Over-the-Counter medicines have you taken in the last week? Circle all that apply:**

Aspirin                      Tylenol                      Aleve                      Antacid                      Advil/Motrin/Ibuprofen

Antihistamines              Decongestants              Laxatives                      Vitamins/Mineral Supplements

Other: Please Specify \_\_\_\_\_

**Please list any PRESCRIPTION medications you are taking (including pills, injections, and/or patches):**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**Have you EVER been diagnosed as having any of the following conditions? Circle all that apply.**

- |                     |                    |              |                            |
|---------------------|--------------------|--------------|----------------------------|
| Seizures/Epilepsy   | Cancer             | Diabetes     | Vision/Hearing Problems    |
| Headaches           | Migraines          | Osteoporosis | Urinary/Fecal Incontinence |
| High Blood Pressure | Heart Problems     | Pacemaker    | Rheumatoid Arthritis       |
| Hepatitis           | Anemia             | Tuberculosis | Emphysema/Bronchitis       |
| Stroke/TIAs         | Sleeping Problems  | Depression   | Weight/Energy Loss         |
| Asthma              | Dehydration        | Parkinson's  | Chemical Dependency        |
| Thyroid Problems    | Multiple Sclerosis | Gout         | Circulation Problems       |
| Orthopedic Surgery  | Alzheimer's        | Other: _____ |                            |

**Have you recently noted?:**

- |                           |                |                      |                |
|---------------------------|----------------|----------------------|----------------|
| Weight loss/gain          | ___ Yes ___ No | Weakness             | ___ Yes ___ No |
| Nauseas/Vomiting          | ___ Yes ___ No | Fever/chills/sweats  | ___ Yes ___ No |
| Dizziness/Lightheadedness | ___ Yes ___ No | Numbness or Tingling | ___ Yes ___ No |
| Fatigue                   | ___ Yes ___ No | Night Pain           | ___ Yes ___ No |

**Please indicate your goals for physical therapy:** \_\_\_\_\_  
 \_\_\_\_\_

**Pain Scale- Please rank your pain 0-10 scale. Zero is pain free, 10 is the worst pain.**

0 No pain	1	2	3	4	5	6	7	8	9	10 Worst
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**What aggravates your pain? Please circle all that apply.**

- |          |             |         |                    |              |              |
|----------|-------------|---------|--------------------|--------------|--------------|
| Sitting  | Standing    | Lifting | Rise from sitting  | Stairs       | Squatting    |
| Dressing | Running     | Driving | Looking Up or Down | Stress       | Cough/Sneeze |
| Walking  | Laying Down | Bending | Overhead Activity  | Turning Head |              |
- Other: \_\_\_\_\_

**What eases your pain? Please circle all that apply.**

- |             |      |                    |
|-------------|------|--------------------|
| Rest        | Ice  | Changing positions |
| Medications | Heat | Other: _____       |

**I do hereby state that the above information is accurate and true to the best of my knowledge.**

\_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**Signature of Patient or Guardian**

**Reviewed by Therapist:** \_\_\_\_\_ **Date:** \_\_\_/\_\_\_/\_\_\_