Your Donations Are Needed—and Appreciated

Homemade and DIY Masks:
You've probably heard that homemade masks can help reduce exposure to the COVID-19 virus and extend the life of medical-grade protective equipment.

Donations may be mailed or delivered to Church Health:
Church Health
Attn: Procurement
1350 Concourse Ave., Suite 142
Memphis, TN 38104

Contact: Church Health, 901-701-2115
Donations may be dropped off (West Atrium) Monday – Friday, between 9 a.m. – 11:30 a.m.

DIY Face Mask Supplies:
• Tightly-woven cotton fabric, no knit fabric, on both sides - Please prewash the fabric before assembly
• Two 9 inch x 6 inch rectangles of fabric for Adult, 7.5 inch x 5 inch for Child
• Two 7 inch pieces of 1/8 inch flat elastic (cord elastic or beading elastic may be used)
• If you cannot find elastic, you can use four fabric ties, one in each corner. Each tie will be 18" long
• Sew one tie in each corner, being careful not to catch the ties in the side seams
• Scissors or rotary cutter and mat
• Sewing machine
• Thread and Iron

How to make a face mask:
1. Place the right sides of the fabric facing each other. Place the elastic or ties, inside each corner (on the short sides) to the interior of the pocket.
2. Instead of pinning the elastic or ties, it is simple to place it inside as you sew around the outside edge of the fabric. If using cord or beading elastic tie a knot in the ends.
3. Stitch all the way around leaving a two inch opening in the middle, along one of the long sides.
4. Turn right side out and press. Make three pleats on each end where the elastic is sewn. Pin. Make sure the pleats are going the same direction on each side.
5. Stitch all the way around the masks twice.

Church Health appreciates your generosity in providing homemade masks for our staff and partners