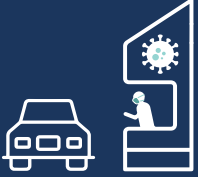# HELP STOP THE SPREAD OF COVID-19

What You Need to Know About COVID-19 Today | 5.08.20

FREE COVID-19 TESTING

COVID-19 testing is free and open to the public in locations all over Shelby County. Just call ahead and schedule an appointment.

Check here for testing locations:
www.covid19.memphistn.gov

WHO SHOULD GET TESTED

COVID-19 testing is available to individuals who feel sick, have had contact with someone who has tested positive or is part of the essential workforce. **Symptoms of COVID-19 vary** and may be pretty mild. For information about essential worker testing, please see the back of this flyer. Questions? Call the Shelby County Hotline: **(833) 943-1658**

SOCIAL DISTANCING

6 FT

Stay **at least six feet away** from other people to stop the spread of the coronavirus. By staying six feet apart, wearing a mask when you go out, washing hands frequently, and staying at home except when you must go out (work, grocery store, doctor's office, pharmacy), you will keep yourself safe and people around you safe.

PROTECT THE MOST VULNERABLE

Anyone at any age can get coronavirus. People who have conditions, such as diabetes, high blood pressure or heart problems, **are at greater risk of getting coronavirus**. Please take social distancing seriously, and look out for others!

- Healthcare
- First responders, such as paramedics, emergency medical technicians, law enforcement officers or firefighters.
- Grocery stores, fast food, gas stations, pharmacies, restaurants
- Correctional facilities, such as jails or prisons
- Public utilities, and sanitation.

To find a testing location near you, visit **covid19.memphistn.gov** or contact the following testing locations for availability.

CASE MANAGEMENT, INC
901.821.5880
COVID-19TestCMI@cmiofmemphis.org

CHEROKEE HEALTHCARE
krogerhealth.com/covidtesting

MEMPHIS HEALTH CENTER
901.261.2042

CHURCH HEALTH
901.272.0003

WALGREENS
Schedule online walgreens.com/coronavirus

**CHRIST COMMUNITY
HEALTH SERVICES**
Text "Test2020" to 91999

TRI STATE COMMUNITY HEALTH CENTER
901.572.1573

**UNIVERSITY OF TENNESSEE
HEALTH SCIENCE CENTER**
Text "COVID" to 901-203-5526 or
www.mycareplan.net/covid-19

**CITY OF MEMPHIS
SHELBY COUNTY
JOINT COVID TASK FORCE**

Public Health
Prevent. Promote. Protect.
Shelby County Health Department