

JOB DESCRIPTION

The Bilingual Behavioral Health Consultant II (BHC) position is a behavioral health provider who operates in a consultative role within Church Health's medical clinic and works to support a smooth interface between primary care and behavioral health. The employee provides recommendations regarding behavioral interventions to the referring care provider and conducts brief interventions with referred patients on behalf of the referring provider.

RESPONSIBILITIES

Brief consultations with patients, including:

- Brief psychotherapeutic interventions consisting of problem-solving skills, cognitive interventions aimed at modifying negative thinking and promoting self-efficacy;
- Psychoeducation for patients;
- Motivational interviewing to develop behavioral strategies aimed at symptom reduction
- Self-care plan development and skills training to facilitate disease self-management, improved coping, distress tolerance, stress reduction and relaxation;
- Substance use/abuse evaluation, identification of maladaptive coping strategies and development of harm reduction strategies.
- Consultation with PCPs to enhance understanding of the patient, provide decision support for treatment planning and assist in the implementation and monitoring of biopsychosocial treatment plans. Provide traditional therapy including cognitive/behavioral health clients.
- Coordination of Care – Provide consultation to and coordination of care for patients with medical clinic staff. Identify, triage, and advocate for patients needing specialty behavioral health services, and other services as needed.
- Crisis Intervention – Be immediately available to the medical clinic staff during working hours in the event of a psychiatric emergency.
- Charting – Complete all charting as needed and required, including evaluations, assessments, and clinical progress notes utilizing electronic medical record system.

QUALIFICATIONS

- Master's level social worker with LMSW licensure seeking terminal licensure as an LCSW
- 24 months (about 2 years) as an LMSW with preferred experience in an integrated behavioral health setting within a primary care clinic.

SPECIAL SKILLS & KNOWLEDGE

- Bilingual, Spanish, Advanced-Low per ACTFL minimum required
- Excellent organizational and computer skills.
- Must be detail oriented.
- Ability to perform brief psychotherapeutic interventions consisting of problem-solving skills, cognitive intervention aimed at modifying negative thinking, promoting self-efficacy, substance use/misuse evaluation, motivational interviewing, psychoeducation for patients, self-care plan development, and the ability to effectively consult with primary care providers.

